



## **Mom and Baby Drop-in Get-Together**

**For mothers with infants under 1 year (toddler siblings are welcome)**

**Every Thursday Morning 10-12**

**Room 14 at the Neighborhood Guild**

**located at 325 Columbia Street in Wakefield, RI**

**This is a chance to meet other mothers of infants and to socialize. Refreshments will be provided for the mothers. Bring your own toys and snacks for toddlers.**

**Depending upon the interest of participants, occasional presentations may include mom and baby yoga, a visit from a children's librarian, visit from a lactation specialist, child development, baby games and songs, sharing of resources-favorite places to go with babies, favorite books, stress-busters, crafts. Any presentations will be a small part of the social time.**

**Free of charge. No residency requirement. Open to any mom with a baby under one year old. Refreshments for moms provided.**

**Sponsored by Families First RI Moms Helping Moms and Thundermist**

**For more information call 401-383-9933**